



## PHYSICAL ACTIVITY POLICY

### Rationale

**At Wentworth, we believe that high quality physical education can inspire all pupils to succeed in sports. Our Physical Education Curriculum follows an agreed programme of study for primary school children of the new curriculum and allows us to incorporate a range of sports. We work with local partnership that allows us to take part in schools sporting competitions in our local area. These help us embed values, such as fairness and team work as well as our school values, such as respect and resourcefulness.**

### Aims

Our aims are to make sure-

- All pupils develop through a broad range of physical activities through two hours of planned high quality physical education, school sport competitions and extra-curricular activities.
- All pupils are physically active for continued periods of time.
- All pupils engage in competitive sports and activities.
- All pupils lead healthy and active lives.

### Planning

We aim to ensure that

- All pupils receive 2 hours of PE per week
- Long term plans are followed to ensure coverage and progression
- Each lesson has a warm up, skills, application and cool down.
- Links between keeping healthy and physical activity are established and visited throughout lessons
- All pupils and staff are involved in the assessment of PE
- Appropriate PE kit is to be worn at all times, including footwear

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- All jewellery to be removed prior to PE lesson
- All pupils not participating in PE should be involved in assessing and observing to ensure engagement in the lesson

### **Intra – Competition**

Wentworth provides high quality after school clubs through teaching staff and outside coaches. Session plans with outside coaches are shared before a block of sessions to ensure high quality. Regular intra-sports competition is also held at lunchtimes through Teaching Assistants.

### **Safeguarding**

All staff have a duty to ensure that PE can take place in a safe, risk minimised environment. All equipment is checked annually, for suitability and to ensure it is fit for purpose. All adults working with pupils within the learning community will have appropriate checks completed.

### **Assessment**

Wentworth assess children termly using the PE Milestones. We also follow the Sports Elevation assessment model, to assess children throughout a unit of work.

### **PE Kit**

All pupils and all staff are expected to wear appropriate and suitable clothing and footwear; these should fit well without additional ties/laces. The school PE kit is as follows;

- Black shorts and a t-shirt – green or white for indoor PE
- Black trainers and a black tracksuit for outdoor PE

Personal Effects – These should not be worn under any circumstances. If earrings cannot be removed these must be taped up by the individual pupil themselves. No other jewellery is accepted. Long hair should be tied back.

Incapacity – Pupils who have written parental notification of their injury/illness will take part in an evaluation or coaching role.

**Policy Agreed by:** Governing Body

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### **Effective Date 2014**

This policy was reviewed January 2017. Next review, January 2018.